

Combine (*1~*4), also use the fact $4\pi J_\omega = \int_{\text{all}} I_\omega(\hat{n}) d\Omega$, and $U_\omega = \frac{4\pi J_\omega}{c}$, we obtain

$$res = 4\pi n_a \int_{\omega_0}^{\infty} \frac{J_\omega \sigma_\omega}{h\nu} d\omega = c n_a \int_{\omega_0}^{\infty} \frac{\sigma_\omega \nu_\omega}{h\nu} d\nu$$

1.1. A "pinhole camera"

The energy flux at "film plane" can be given by

$$F_\omega(\theta, \phi) = \frac{dE}{dA dt d\omega} = I_\omega(\theta, \phi) \cos\theta \Delta\Omega \quad (*1)$$

where the solid angle $\Delta\Omega$ spanned by the pinhole with respect to the "film plane" is

$$\Delta\Omega = \frac{\Delta S \cos\theta}{\ell^2} \quad (*2)$$

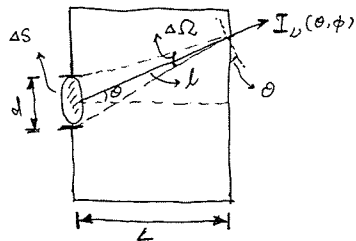
Use geometry relation, it is easy to show

$$\Delta S = \pi \left(\frac{d}{2}\right)^2 \quad (*3)$$

$$\ell = \frac{L}{\cos\theta} \quad (*4)$$

Combine (*1) (*2) (*3) (*4), we can get

$$F_\omega(\theta, \phi) = I_\omega(\theta, \phi) \cos^4\theta \cdot \frac{\pi}{4(L/d)^2}$$



1.2. Photoionization

From the definition of $I_\omega(\hat{n})$, we know the energy transferring per unit frequency per unit solid angle is

$$\frac{dE}{d\omega d\Omega} = I_\omega(\hat{n}) dA dt \quad (*1)$$

So that, the number of photon that can cause ionization is

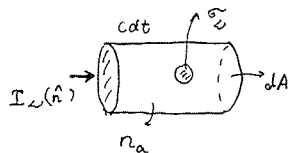
$$\frac{dN_\gamma}{d\omega d\Omega} = \frac{dE / (d\omega d\Omega)}{h\nu} \quad (*2)$$

The fraction of photon that will be absorbed is

$$frac = \frac{d\sigma}{dA} = \frac{dV \cdot n_a \cdot \sigma_\omega}{dA} \quad (*3)$$

So the number of photo-ionization per unit volume per unit time is

$$res = \int_{\omega_0}^{\infty} \int_{\text{all}} \frac{dN_\gamma}{d\omega d\Omega} \cdot frac \cdot \frac{1}{dt \cdot dV} \quad (*4)$$



1.3 X-ray clouds

a. When the source is completely resolved, only the light generated by the black region can be observed, so similar to the radiation transfer, the emission coefficient can be define as

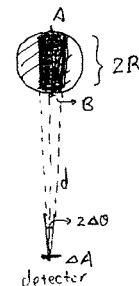
$$j = \frac{dN}{dt dV d\Omega} = \frac{I}{4\pi} \quad (*1)$$

Use radiation transfer function, we have

$$\frac{dI}{ds} = j \quad (*2)$$

Integrate (*2) from A to B, we have

$$I = j \cdot 2R = \frac{I R}{2\pi}$$



b. When the source is completely unresolved, it can be viewed as a source-point. The particle it emit at dt is

$$dN = \Gamma \cdot dt \cdot \frac{4}{3}\pi R^3 \quad (*3)$$

The received number is

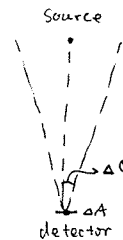
$$dN_{rec} = dN \cdot \frac{\Delta A}{4\pi d^2} \quad (*4)$$

So the intensity is

$$I = \frac{dN_{rec}}{dt \cdot \Delta A} \cdot \frac{1}{\pi \Delta\theta^2} \quad (*5)$$

Combine (*3 ~ *5) we obtain

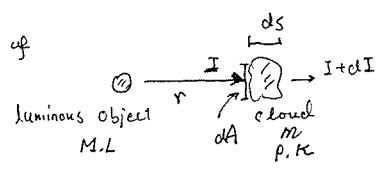
$$I = \frac{\Gamma R^3}{3\pi d^2 \Delta\theta^2}$$



1.4 Radiation Pressure by a Nearby Object.

a. For the cloud, after the absorption, the change of intensity is

$$dI = -\alpha \cdot ds \cdot I$$



The Pressure is

$$\text{Pressure} = \frac{dP}{dA} = \int_{\text{all}} \frac{|dI|}{c} \cos^2 \theta d\Omega \approx \int_{\text{all}} \frac{\alpha ds \cdot I}{c} d\Omega = \frac{\alpha ds}{c} F \quad (*1)$$

where $F = \frac{L}{4\pi r^2}$.

The condition for ejection is

$$\frac{G \cdot ds \cdot dA \cdot \rho \cdot M}{r^2} < \text{Pressure} \cdot dA \quad (*2)$$

Combine (*1) (*2) and $\kappa = \frac{\alpha}{\rho}$ we obtain

$$\frac{M}{L} < \frac{\kappa}{4\pi c G} \quad \checkmark$$

b. From a we can calculate the force acting on the cloud

$$f = \text{Pressure} \times dA - \frac{G \cdot ds \cdot dA \cdot \rho \cdot M}{r^2} = \frac{GMm}{r^2} \left(\frac{\kappa L}{4\pi c GM} - 1 \right)$$

where m is mass of the cloud. We can re-write the force f as the gradient of a potential function. That is

$$f = -\frac{d\phi(r)}{dr}$$

where the potential $\phi(r) = \frac{GMm}{r} \left(\frac{\kappa L}{4\pi c GM} - 1 \right)$. Now use energy conservation we can calculate the speed v at $r=R$ by

$$\phi(R) = \frac{1}{2} m v^2$$

This immediately gives $v = \frac{2GM}{R} \left(\frac{\kappa L}{4\pi c GM} - 1 \right)$. \checkmark

c. This require $L < \frac{4\pi c GM}{\kappa}$, when the κ achieve minimum $\kappa_{\min} = \frac{\sigma_T}{m_p m_H}$, the L can have maximum value

$$L_{\max} = \frac{4\pi c GM}{\kappa_{\min}} = \frac{4\pi c GM m_H}{\sigma_T} \quad \checkmark$$

Substitute it with $c = 3.0 \times 10^8$ m/s, $m_H = 1.67 \times 10^{-27}$, $M = 1.989 \times 10^30$ kg, $G = 6.67 \times 10^{-11}$ N·m²/kg². We obtain $L_{\max} = 1.259 \times 10^{38}$ erg·s⁻¹. \checkmark

a. When $T_s < T_c$, along A, ν_1 is brighter;
along B, ν_0 is brighter.

b. when $T_s > T_c$, along A or B, both ν_0 are brighter. ✓

1.7 Einstein Coefficients 2/2

a. From the relation between Einstein Coefficients we know (text book 1.72a-b)

$$g_1 B_{12} = g_2 A_{21} \frac{c^2}{2h\nu^3} \quad (*1)$$

Now use the 'equilibrium condition', we also have (text book 1.71, where B_{21} is ignored)

$$\bar{J} = B_{12} = \frac{A_{21}}{g_1 B_{12} e^{\frac{h\nu}{kT}} + g_2 B_{21}} \quad (*2)$$

Combine (*1)(*2) we immediately obtain Wien's law

$$\bar{J} = B_{12} = \frac{2h\nu^3/c^2}{e^{h\nu/kT}} \quad \checkmark$$

b. The Pauli Exclusion Principle forbids two particles at same energy state, so the input neutrino will weaken the spontaneous emission, cause a 'negative' stimulated emission. Similar to text book 1.71:

$$\bar{J} = \frac{A_{21} / B_{21}}{g_1 B_{12} e^{\frac{h\nu}{kT}} + g_2 B_{21} - 1} \quad (*3)$$

But now we have $B_{21} < 0$. Compare with the radiation law of Fermion

$$\bar{J} = \frac{2h\nu^3/c^2}{e^{\frac{h\nu}{kT}} + 1} \quad (*4)$$

We realize the relation between A and B_s by combine (*3) and (*4)

$$g_1 B_{12} = -g_2 B_{21} \quad (B_{21} < 0) \quad \checkmark \text{ ok, but write } B_{21} \rightarrow -|B_{21}|$$

2.1 Average of oscillated field

Let $A(t) = \text{Re}(A e^{-i\omega t})$, $B(t) = \text{Re}(B e^{-i\omega t})$, $\text{Re } A = R_1$, $\text{Re } B = R_2$, $T = \frac{2\pi}{\omega}$.
 $\text{Im } A = I_1$, $\text{Im } B = I_2$

So we can write the average in time period:

$$\begin{aligned} \langle A(t)B(t) \rangle_T &= \frac{1}{T} \int_0^T dt \cdot \text{Re}(A(t)) \cdot \text{Re}(B(t)) \\ &= \frac{1}{T} \int_0^T dt \cdot (R_1 \cos \omega t + I_1 \sin \omega t) (R_2 \cos \omega t + I_2 \sin \omega t) \\ &= \frac{1}{T} \int_0^T dt \cdot \left(\frac{1}{2} R_1 R_2 + \frac{1}{2} I_1 I_2 \right) \quad \left(\int_0^T \cos^2 \omega t \cdot dt = \int_0^T \sin^2 \omega t \cdot dt = \frac{T}{2} \right) \\ &= \frac{1}{2} (R_1 R_2 + I_1 I_2) = \text{Re} \left[\frac{1}{2} (R_1 - i I_1) (R_2 + i I_2) \right] = \text{Re} \left(\frac{1}{2} A^* B \right) \\ &= \text{Re} \left[\frac{1}{2} (R_1 + i I_1) (R_2 - i I_2) \right] = \text{Re} \left(\frac{1}{2} A B^* \right) \quad \checkmark \end{aligned}$$

2/2

2.2 Electromagnetic field in conducting medium.

In conducting medium, we have $-\frac{\partial \rho}{\partial t} = \nabla \cdot \vec{j} = \nabla \cdot (\sigma \vec{E}) = (\nabla \cdot \vec{E}) \sigma = \frac{4\pi \rho}{\epsilon} \sigma$

Solve this we have $\rho = e^{-4\pi \frac{\sigma}{\epsilon} t} \rightarrow 0$ (change conservation, 1st Maxwell eq.)

So in the conducting medium we can let $\rho \rightarrow 0$, and the Maxwell equations now become:

$$\begin{cases} \nabla \cdot \vec{E} = 0 & \nabla \cdot \vec{H} = 0 \\ \nabla \times \vec{E} = -\frac{1}{c} \frac{\partial \vec{H}}{\partial t} & \nabla \times \vec{H} = \frac{4\pi \vec{j}}{c} + \frac{\epsilon}{c} \frac{\partial \vec{E}}{\partial t} \end{cases}$$

By taking derivative ' $\nabla \times$ ' of $\nabla \times \vec{E}$ and $\nabla \times \vec{H}$, we can obtain

$$\frac{\partial^2 \vec{F}}{\partial t^2} + \frac{4\pi \sigma}{\epsilon} \frac{\partial \vec{F}}{\partial t} - \frac{c^2}{\mu \epsilon} \nabla^2 \vec{F} = 0 \quad (*1)$$

where \vec{F} can either be \vec{H} or \vec{E} . Solve this equation by assuming the solution has form

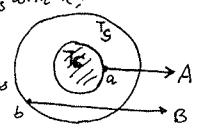
$$\vec{F} = \vec{F}_0 \hat{a} e^{i(\vec{k} \cdot \hat{n} \cdot \vec{x} - \omega t)} \quad (*2)$$

Combine (*1) and (*2) give

$$\vec{k}^2 = \frac{\omega^2}{c^2} \mu \epsilon \left(1 + \frac{4\pi \sigma i}{\omega \epsilon} \right) \quad (*3) \quad \checkmark$$

a. From eq (*3) we immediately know $m^2 = \mu \epsilon \left(1 + \frac{4\pi \sigma i}{\omega \epsilon} \right)$ if $\vec{k}^2 = \frac{\omega^2}{c^2} m^2$.

b. The flux of energy $\langle S \rangle = \frac{c}{4\pi} \cdot \frac{1}{2} \langle E_0^* H_0 \rangle = \frac{c}{8\pi} \left\langle \frac{1}{\epsilon} e^{-i(\text{Im } \vec{k}) \cdot \vec{x}} \hat{n} \cdot \vec{x} H e^{-i(\text{Im } \vec{k}) \cdot \vec{x}} \right\rangle = e^{-2(\text{Im } \vec{k}) \cdot \vec{x}} \langle S \rangle_0$



T	ν_0	ν_1
A	T_s	T_c
B	T_s	0

For Ray 'A', it starts at 'a' because this object is black, so it starts with T_c .

For Ray 'B', it starts at 'b', so it starts with $T = 0$.

For simplicity, we use the Radiation transfer function at Rayleigh-Jeans

scale, so $\frac{dT}{dr_c} = -T + T_s$, and

$$T = T_{(0)} e^{-r_c} + T_s (1 - e^{-r_c})$$

For Ray A, at ν_0 , $r_c \rightarrow \infty$, $T = T_s$

at ν_1 , $r_c \rightarrow 0$, $T = T_c$

For Ray B, at ν_0 , $r_c \rightarrow \nu_0$, $T = T_s$

at ν_1 , $r_c \rightarrow 0$, $T = 0$

So we have the Table at right side;

By definition of α_ω , we should have $\langle \epsilon \rangle = e^{-\alpha_\omega \hbar \cdot \vec{x}} \langle \epsilon \rangle_0$. Compared with above eq we obtain

$$\alpha_\omega = 2 \operatorname{Im}(\tilde{k}) = 2 \frac{\omega}{c} \operatorname{Im}(\tilde{n}).$$

2.4 Displacement Current

|| If there is no $\frac{1}{c} \frac{\partial \vec{D}}{\partial t}$ term, the Maxwell's equation of $\nabla \times \vec{H}$ becomes

$$\nabla \times \vec{H} = \frac{4\pi}{c} \vec{j} \quad (*1)$$

And combine $\nabla \cdot \vec{j} + \frac{\partial \rho}{\partial t} = 0$, $\nabla \cdot (\nabla \times \vec{H}) = 0$, we have

$$\begin{cases} \nabla \cdot \vec{j} = 0 \\ \frac{\partial \rho}{\partial t} = 0 \end{cases}$$

This seems only allow "static field", which is contradictory with our experience.

Also, by taking ' $\nabla \times$ ' of (*1), we have

$$\nabla \times (\nabla \times \vec{H}) = \frac{4\pi}{c} \nabla \times \vec{j}$$

In linear medium, where $\vec{H} = \vec{B}/\mu$, $\vec{j} = 0$, where we have

$$\nabla^2 \vec{H} = 0$$

This is not a "wave equation", so the "wave solution" does not exist in this case.

3.1

Pulsar.

1.5/2

(a) The relation between magnetic field and magnetic dipole m is

$$B_0 = \frac{2m}{R^3} \quad (*)1 \quad \text{不是很理解这里的 } B_0 \text{ 是什么量纲}$$

While for a rotated pulsar, the charge of dipole is

$$|\dot{\vec{m}}| = |\dot{\omega} \cdot (\vec{\omega} \times \vec{m})| = \omega^2 \sin \alpha \cdot m \quad (*)2$$

For the radiation, analog to that of electric dipole, we have

$$\frac{dW}{dt} = \frac{2}{3} \frac{|\dot{\vec{m}}|^2}{c^3} \quad (*)3$$

Combine (*)1 & (*)3 we obtain

$$\frac{dW}{dt} = \frac{4}{3} B_0^2 R^6 \sin^2 \alpha / c^3 \quad (*)4$$

(b) The inertia of a sphere is $I = \frac{2}{5} MR^2$, So the rotation energy is

$$E = \frac{1}{2} I \omega^2 \quad (*)5$$

By definition, the Power

$$\frac{dW}{dt} = -\frac{dE}{dt} \quad (*)6$$

The slow down time-scale thus is obtained by combination of (*)4 ~ (*)6:

$$\tau = \frac{\omega}{-\dot{\omega}} = \frac{1}{5} \frac{2c^3 M}{\omega^2 R^4 B_0^2 \sin^2 \alpha}$$

(c) Substitute these values into τ above we obtain

$$\tau(\omega=10^4) \doteq 41.1 \text{ yr}$$

$$\tau(\omega=10^3) \doteq 4110 \text{ yr}$$

$$\tau(\omega=10^2) \doteq 411000 \text{ yr}$$

$P = ?$

4/4

3.2

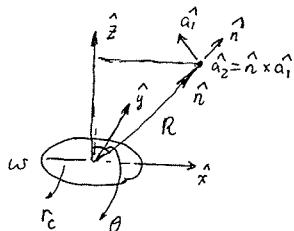
Radiation from non-relativistic circular motion.

(a) The Circular motion, radius r_c , speed ω , can be described by $\vec{r} = r_c (\cos \omega t \hat{x} + \sin \omega t \hat{y})$ (*)1

Electric field at direction \hat{n} thus should be

$$\vec{E} = \frac{-e}{Rc^2} \hat{n} \times (\hat{n} \times \ddot{\vec{r}}) \quad (*)2$$

where the ortho-normal basis $\hat{n} = \sin \theta \hat{x} + \cos \theta \hat{z}$, $\hat{a}_1 = -\cos \theta \hat{x} + \sin \theta \hat{z}$, $\hat{a}_2 = \hat{n} \times \hat{a}_1$



Combine (*)1,2 we have

$$\vec{E} = \frac{e}{Rc^2} \omega^2 \left(\cos \theta \cos \omega t \hat{a}_1 + \sin \omega t \hat{a}_2 \right) \quad (*)3$$

The Power emitted per unit solid angle is

$$\left\langle \frac{dW}{d\Omega dt} \right\rangle = \frac{c}{4\pi} \langle \vec{E} \cdot \vec{E} \rangle R^2 = \frac{(1 + \cos^2 \theta) e^2 r_c^2 \omega^4}{8\pi c^3} \quad (*)4$$

Total Power is

$$\left\langle \frac{dW}{dt} \right\rangle = \frac{2}{3} \frac{e^2 r_c^2 \omega^4}{c^3} \quad (*)5$$

(b) from (*)3 we can see $\left(\frac{E_x}{\cos \theta} \right)^2 + \left(\frac{E_y}{1} \right)^2 = \left[\frac{r_c e}{Rc^2} \omega^2 \right]^2$

it is obviously an elliptical equation. So the wave is elliptically polarized.

(c) Since $\left\langle \frac{dW}{dt} \right\rangle = \frac{2}{3} \frac{e^2 r_c^2 \omega^4}{c^3}$, only the single angular frequency ω is allowed.

(d) For the circular motion in B field, we have

$$\frac{mv^2}{r_c} = e v \frac{B}{c}$$

So it is easily to show $v_B = \frac{eB}{mc}$. Substitute this into (*)5 we obtain

$$P = \frac{2}{3} r_0^2 c \left(\frac{v}{c} \right)^2 B^2$$

where $v_{\perp} = \omega r_c$, $r_0 = \frac{e^2}{mc^2}$

(e) For circular polarized radiation $\vec{E} = \hat{x} E_x \cos \omega t + \hat{y} E_y \sin \omega t$, where $E_x = E_0$ while $E_y = E_0 = E_x$. In this case the incident flux

$$\langle \vec{S} \rangle = \frac{c}{4\pi} \langle \vec{E} \cdot \vec{E} \rangle = \frac{c}{4\pi} E^2 \quad (*)6$$

The Scatter flux per unit solid angle is (*)4, where now $\frac{e^2 E_0^2}{m^2} = \frac{\omega^2}{B} r_c^2$. Substitute this

into (*)4, where we find

$$\frac{d\sigma}{d\Omega} = \frac{(1 + \cos^2 \theta)}{8\pi c^3} e^2 \left(\frac{e E_0}{m} \right)^2 \quad (*)7$$

From the definition of $d\sigma$, we have

$$\frac{d\sigma}{d\Omega} = \frac{dP}{d\Omega} \frac{1}{\langle S \rangle} = \frac{1}{2} (1 + \cos^2 \theta) r_0^2$$

Integral by total solid angle we have total cross section

$$\sigma = \int_{4\pi} \frac{d\sigma}{d\Omega} d\Omega = \frac{8\pi}{3} r_0^2$$

3.3 Two dipoles.

(a) From the picture shown in the right, it is easy to show where $R_0 \gg L$, the difference of retarded time is

$$|t^{(1)} - t^{(2)}| = \frac{L \sin \theta}{c}$$

So the phase difference of two dipoles should be $\frac{L \sin \theta}{c} \omega = \delta$,

That means $\vec{d}_1^{(1)} = \vec{d}_1 \cos(\omega t^{(1)})$, $\vec{d}_2^{(2)} = \vec{d}_2 \cos[\omega t^{(1)} + \frac{\delta}{\omega}] = \vec{d}_2 \cos(\omega t^{(1)} + \delta)$

So the total \vec{E} field is

$$\vec{E}(t) = \left[\ddot{\vec{d}}_1(t^{(1)}) + \ddot{\vec{d}}_2(t^{(2)}) \right] \frac{\sin \theta}{c^2 R_0}$$

$$= \left(\ddot{\vec{d}}_1 \cos(\omega t^{(1)}) + \ddot{\vec{d}}_2 \cos(\omega t^{(1)} + \delta) \right) \frac{\omega^2 \sin \theta}{c^2 R_0}$$

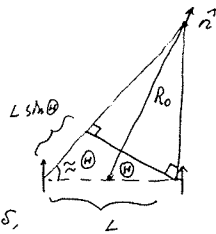
The flux per unit solid angle is

$$\begin{aligned} \left\langle \frac{dP}{d\Omega} \right\rangle &= \frac{c}{4\pi} R_0^2 \langle |\vec{E}(t)|^2 \rangle = \frac{c}{4\pi} \frac{\omega^4 \sin^2 \theta}{c^4} \left(\frac{1}{2} d_1^2 + \frac{1}{2} d_2^2 + d_1 d_2 \cos \delta \right) \\ &= \frac{\omega^4 \sin^2 \theta}{8\pi c^3} (d_1^2 + d_2^2 + 2d_1 d_2 \cos \delta) \end{aligned}$$

(b) when $L \ll \lambda$, $\frac{L \sin \theta}{c} \omega = \frac{L \sin \theta}{\lambda} \cdot 2\pi \ll 1$, so

$$\left\langle \frac{dP}{d\Omega} \right\rangle = \frac{\omega^4 \sin^2 \theta}{8\pi c^3} (d_1 + d_2)^2$$

which is similar to a single dipole $d_1 + d_2$.

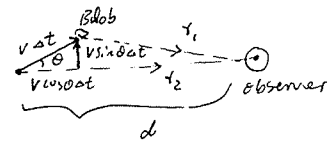


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4.7 Blob's transverse motion

a. See the right figure, the distance of light-ray r_1 and r_2 are $d_1 = d - v \cos \theta$
 $d_2 = d$



So the time interval of receiving the r_1 and r_2 is

$$t_1 - t_2 = (d_1/c) - (d_2/c) = \frac{d}{c} (1 - \frac{v}{c} \cos \theta)$$

That means, the transverse velocity is

$$v_{app} = \frac{v \sin \theta \Delta t}{t_1 - t_2} = \frac{v \sin \theta}{1 - \frac{v}{c} \cos \theta}$$

b. It is easy to show, when $v \sim c$, the v_{app} approaches to

$$v_{app} \approx \frac{v \sin \theta}{1 - \cos \theta} \approx c \frac{\sin \theta}{1 - \cos \theta}$$

$$\text{if } \sin \theta + \cos \theta = \sqrt{2} \sin(\theta + \phi) > 1, \text{ then } v_{app} \approx c \frac{\sin \theta}{1 - \cos \theta} > c$$

To find the maximum, we simply take derivative

$$\frac{dv_{app}}{d\theta} = \frac{v(\cos \theta - \frac{v}{c})}{(1 - \frac{v}{c} \cos \theta)^2}$$

When $\cos \theta = \frac{v}{c}$, or $\sin \theta = \sqrt{1 - \cos^2 \theta} = \frac{1}{\gamma}$, the v_{app} obtain maximum

$$v_{app}^{max} = \frac{v \cdot \frac{1}{\gamma}}{1 - \frac{v}{c} \cdot \frac{v}{c}} = v \cdot \frac{1}{\gamma} \cdot \gamma^2 = v \gamma$$

4.3 2/2

a. The Transformation of acceleration

We already know the transformation of velocity

$$\frac{dt'}{dt} = \frac{1}{\gamma \beta} \quad (*0)$$

$$u_x = \frac{1}{\beta} (v + u'_x) \quad (*1)$$

$$u_y = \frac{u'_y}{\gamma \beta} \quad (*2)$$

$$u_z = \frac{u'_z}{\gamma \beta} \quad (*3)$$

where $\beta = 1 + \frac{vu'_x}{c^2}$

Take differentiation of (*1) we have

$$a_x = \frac{du_x}{dt} = \frac{dt'}{dt} \frac{d}{dt'} \left[\frac{1}{\beta} (v + u'_x) \right]$$

Use the definition $\frac{du'_x}{dt'} = a'_x$ and $\frac{d\beta}{dt'} = \frac{v}{c^2} a'_x$ we obtain

$$a_x = \frac{1}{\gamma^3 \beta^3} a'_x$$

Take differentiation of (*2) we have

$$a_y = \frac{du_y}{dt} = \frac{dt'}{dt} \frac{d}{dt'} \left[\frac{u'_y}{\gamma \beta} \right]$$

Similarly use $\frac{du'_y}{dt'} = a'_y$, $\frac{d\beta}{dt'} = \frac{v}{c^2} a'_x$ and (*0) we obtain

$$a_y = \frac{a'_y}{\gamma^2 \beta^2} - \frac{1}{\gamma^2 \beta^3} \frac{v}{c^2} a'_x u'_y$$

Similarly we can derive a_z , it is

$$a_z = \frac{a'_z}{\gamma^2 \beta^2} - \frac{1}{\gamma^2 \beta^3} \frac{v}{c^2} u'_z a'_x$$

b. To be simple, just let x-axis to be the direction of particle moving, and $u'_x = u'_y = u'_z = 0$

that means

$$\begin{cases} a_x = \frac{a'_x}{\gamma^3} \\ a_y = \frac{a'_y}{\gamma^2} \\ a_z = \frac{a'_z}{\gamma^2} \end{cases} \Rightarrow \begin{cases} a'_x = \gamma^3 a_x \\ a'_y \text{ or } z = \gamma^2 a_y \text{ or } z \end{cases} \Rightarrow \begin{cases} a''_{xx} = \gamma^3 a''_{xx} \\ a'_x = \gamma^2 a_x \end{cases}$$

4.14

NOT The force F_{\perp} and F_{\parallel} should be the "force" in the particle's rest frame, so from $F_{\parallel} = \frac{du_{\parallel}}{dt} m_0 = \frac{m_0}{\gamma} \frac{du_{\parallel}}{dt}$

$$a'_{\parallel} = \frac{F_{\parallel}}{m} = \frac{F_{\parallel}}{m}, \quad a'_{\perp} = \frac{F_{\perp}}{m} = \frac{\gamma F_{\perp}}{m}$$

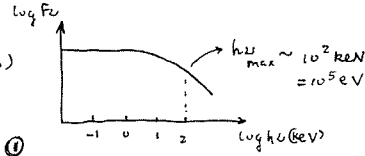
From textbook eq (4.92), it is easy to show the power

$$P = \frac{2e^2}{3c^3} (a_{\parallel}^2 + a_{\perp}^2) = \frac{2e^2}{3c^3 m^2} (F_{\parallel}^2 + \gamma^2 F_{\perp}^2)$$

Ex 5.2

For the free-free emission, we have formula from (5.15b)

$$\epsilon_{ff}^{\dagger} = \frac{dW}{dt dV} = 1.4 \times 10^{-27} T^{1/2} n_e n_i Z^2 \bar{g}_{ff} \dots \textcircled{1}$$



In this case the number density $n_e = n_i = \frac{\rho}{m_H}$, $\bar{g}_{ff} \approx 1.2$.

Besides, the critical temperature T decide the frequency ν_{max} above which the radiation decrease sharply, that is

$$h\nu_{max} = RT \dots \textcircled{2}$$

In this case, from the figure, we guess $h\nu_{max} \approx 10^5 \text{ eV}$, and use $1 \text{ eV} \sim 10^4 \text{ K}$ we have $T \approx 10^9 \text{ K}$.

The radiation received by the observer F , should be due to the free-free emission, that is

$$\epsilon_{ff}^{\dagger} = \frac{dW}{dt dV} = \frac{F \cdot 4\pi L^2}{\frac{4}{3}\pi R^3} \dots \textcircled{3}$$

Again the hydrostatic state requires the potential energy $V \sim$ kinetic energy T , that is

$$\frac{3}{2} kT \times 2_{\text{electron+proton}} = \frac{GMm_H}{R} \dots \textcircled{4}$$

Combine $\textcircled{2}$ $\textcircled{4}$, we obtain

$$R \approx 5 \times 10^8 \left(\frac{M}{M_{\odot}}\right) \text{ cm} \dots \textcircled{5}$$

Combine $\textcircled{1}$ $\textcircled{2}$ $\textcircled{3}$ $\textcircled{5}$, we have

$$\rho \approx 4 \times 10^{-26} L F^{1/2} \left(\frac{M}{M_{\odot}}\right)^{-3/2}$$

For $F = 10^{-8} \text{ erg} \cdot \text{cm}^{-2} \cdot \text{s}^{-1}$, $L = 10 \text{ pc}$, we have $\rho \approx 1.2 \times 10^{-7} \text{ g} \cdot \text{cm}^{-3} \left(\frac{M}{M_{\odot}}\right)^{-3/2}$

For the absorption of free-free process and scattering, let their mass-absorption-coeffs to be k_{ff}^{\dagger} and k_{es} , the k_{ff}^{\dagger} can be evaluated by $\frac{\epsilon_{ff}^{\dagger}}{\rho}$, while k_{es} can be evaluated by ... (? I don't know, just see the answer ...), so

$$\frac{k_{ff}^{\dagger}}{k_{es}} \approx 10^{-15} \left(\frac{M}{M_{\odot}}\right)^{-3/2}$$

If $M/M_{\odot} \gtrsim 10^{10}$, $k_{ff}^{\dagger}/k_{es} \ll 1$, in this case

$$k_x \approx \sqrt{k_{ff}^{\dagger} k_{es}} \approx 10^{-8} \left(\frac{M}{M_{\odot}}\right)^{-3/4} \text{ cm}^2 \cdot \text{g}^{-1}$$

(why?)

The optical depth

$$\tau = k_x \rho \Delta R \approx k_x \rho R \approx 6 \times 10^{-7} \left(\frac{M}{M_{\odot}}\right)^{-5/4}$$

For $\frac{M}{M_{\odot}} \gtrsim 10^{10}$, $\tau \lesssim 6 \times 10^{-2} \ll 1$, In this case the optical-thin condition is satisfied.

6.1 Energy loss of Synchrotron Radiation

The Emitting Power of Synchrotron radiation is $P = \frac{2}{3} r_0^2 c \gamma^2 B^2 \sin^2 \theta \frac{v^2}{c^2}$
 Here r_0 is the classical radius of electron, $r_0 = \frac{e^2}{mc^2}$, $\gamma^2 = \frac{1}{1-v^2/c^2}$. The energy change rate is

$$-\frac{d}{dt}(\gamma mc^2) = P \quad (1)$$

Simplifying of eq (1) gives

$$A dt = \frac{d\gamma}{1-\gamma^2}, \quad \text{where } A = \frac{2}{3} \frac{e^4 B_{\perp}^2}{m^2 c^5}, \quad B_{\perp} = B \sin \theta$$

For $t \gg 1$, $1-\gamma^2 \approx -\gamma^2$, we have integral

$$\gamma = \gamma_0 (1 + A \gamma_0 t)^{-1} \quad (2)$$

When electron lose half of its energy, $\gamma_{1/2} = 1/2 \gamma_0$. From eq (2) it is easy to show

$$t_{1/2} = (A \gamma_0)^{-1} = \frac{5.1 \times 10^8}{B_{\perp}^2} \gamma_0^{-1}$$

Eqs (6.1) don't consider the radiation field (the emitted B and E fields) of electron. If taken this into consideration, the decrease of γ will be reproduced naturally.

7.1 Inverse Compton Scattering of Hot Opaque gas

a. For the case $\tau_{es} \gg 1$, we may know $N_{scat} = \tau_{es}^2$ (eq 1.90a)

We also know the energy gain from each single Compton Scattering for photon with energy ϵ is

$$\Delta \epsilon = \epsilon \frac{4kT - \epsilon}{mc^2} \quad (\text{eq. 7.36})$$

For the case $\epsilon_i \ll 4kT$, $\Delta \epsilon = \epsilon \frac{4kT}{mc^2}$. That means after one scattering, the energy become

$\epsilon_1 = \epsilon_i (\frac{4kT}{mc^2} + 1)$, after two scattering $\epsilon_2 = \epsilon_i (\frac{4kT}{mc^2} + 1)^2$, ..., after N_{scat} scattering

$$\begin{aligned} \epsilon_f &= \epsilon_i \left(\frac{4kT}{mc^2} + 1 \right)^{N_{scat}} \approx \epsilon_i \left(1 + N_{scat} \frac{4kT}{mc^2} \right) \\ &= \epsilon_i \exp\left(\frac{4kT}{mc^2} \tau_{es}^2 \right) \epsilon_i \left(1 + \frac{4kT}{mc^2} \tau_{es}^2 \right) \quad (3) \end{aligned}$$

b. If $\epsilon_f = 4kT$, then $\Delta E = 0$, the Compton process should be less efficient.

Set $\epsilon_f = 4kT$ in eq. (3), we have

$$\tau_{crit} = \tau_{es} = \left[\frac{mc^2}{4kT} \left(\frac{4kT}{\epsilon_i} - 1 \right) \right]^{1/2}$$

c. For fixed medium (fixed T, m, τ_{es}), Since $\epsilon_f = \epsilon_i \left(1 + \frac{4kT}{mc^2} \tau_{es}^2 \right)$, the parameter should be

$$P = \frac{4kT}{mc^2} \tau_{es}^2$$

7.4 Derive Eqs (7.53) to (7.55) for the Compton equation.

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① Derive (7.53) $\Delta = \frac{x \vec{p} \cdot (\vec{n}_1 - \vec{n})}{mc} + O\left(\frac{kT}{mc^2}\right)$

Suppose the four-momentum before scattering for electron is $P = \left(\frac{E}{c}, \vec{p}\right)$, for photon is

$P_i = \left(\frac{E_i}{c}, \frac{E_i}{c} \vec{n}_i\right)$. After scattering, the four-momentum for electron is $P_f = \left(\frac{E_f}{c}, \vec{p}_f\right)$.

for photon is $P_{f1} = \left(\frac{E_{f1}}{c}, \frac{E_{f1}}{c} \vec{n}_{f1}\right)$. Use the Conservation of four-momentum, we obtain

$$P + P_i = P_f + P_{f1}$$

$$\Leftrightarrow P_i = P_f + P_{f1} - P$$

The square of above equation is

$$P_i^2 = (P_f + P_{f1} - P)^2$$

Use $P_i^2 = P^2$, $P_f^2 = P_{f1}^2 = 0$, we obtain

$$P P_{f1} - P P_f - P_{f1} P_f = 0$$

Substitute definition of P, P_i, P_{f1} into above, it is easy to show

$$\begin{aligned} \frac{E}{c} \vec{p} \cdot \vec{n} - \frac{E_i}{c} \vec{p} \cdot \vec{n}_i &= \frac{E_f E_{f1}}{c^2} + \frac{E E_i}{c^2} (\vec{n} \cdot \vec{n}_i - 1) \\ &\approx \frac{(E - E_i) \vec{p} \cdot \vec{n}}{c} + \frac{E \vec{p} \cdot (\vec{n} - \vec{n}_i)}{c} \end{aligned}$$

Drop higher order of above equation, remaining

$$(E_i - E) \left(\frac{E}{c} - \vec{p} \cdot \vec{n}\right) = E \vec{p} \cdot (\vec{n}_i - \vec{n})$$

Because $\frac{1}{\frac{E}{c} - \vec{p} \cdot \vec{n}} \approx \frac{1}{mc} + O\left(\frac{|\vec{p}|}{E/c}\right) \approx \frac{1}{mc} + O\left(\frac{kT}{mc^2}\right)$, we have

$$\begin{aligned} E_i - E &= \frac{E \vec{p} \cdot (\vec{n}_i - \vec{n})}{mc} + O\left(\frac{kT}{mc^2}\right) \\ \Leftrightarrow \Delta x &= \frac{x \vec{p} \cdot (\vec{n}_i - \vec{n})}{mc} + O\left(\frac{kT}{mc^2}\right) \end{aligned}$$

② Derive (7.54) $I_2 = 2x^2 n_0 \sigma_T \left(\frac{kT}{mc^2}\right) + O\left(\frac{kT}{mc^2}\right)^2$

From definition $I_2 = \int d^3p \frac{d\sigma}{d\Omega} d\Omega \cdot f_e a^2$

Here $d^3p = \left[\frac{x \vec{p} \cdot (\vec{n}_i - \vec{n})}{mc}\right]^2 = \frac{x^2 p^2 (\vec{n}_i - \vec{n})^2}{m^2 c^2} \cos^2 \beta$, $d^3p = p^2 \sin \theta \cdot p \cdot d\theta \cdot p \cdot d\phi$, $f_e = n_0 (2\pi m kT)^{-3/2} e^{-\frac{E}{kT}}$
 $\int d\Omega \vec{p} \cdot \vec{n}_i - \vec{n} \approx \int d\Omega \cos^2 \theta$ $\frac{d\sigma}{d\Omega} = \frac{1}{2} r_0^2 (1 + \cos^2 \theta)$

The Integration can be written as

$$\begin{aligned} I_2 &= \left(\frac{x}{mc}\right)^2 \int d^3p f_e \cdot \cos^2 \beta \cdot p^2 \cdot \int \frac{d\sigma}{d\Omega} d\Omega [\vec{n}_i - \vec{n}]^2 + O(\text{higher order}) \\ &= n_0 m kT \int \frac{1}{2} \pi r_0^2 = 2 \sigma_T \\ &= 2 \sigma_T n_0 x^2 \left(\frac{kT}{mc^2}\right) + O(\text{higher order}) \end{aligned}$$

③ Derive (7.55a) $\frac{\partial n}{\partial t} = -\frac{1}{x^2} \frac{\partial}{\partial x} (x^2 j(x))$

From $\int \frac{\partial n}{\partial t} x^2 dx = 0$, the only possible way is to let $\frac{\partial n}{\partial t} x^2$ behave like a 'divergence' term. or

$$\frac{\partial n}{\partial t} x^2 = \frac{\partial}{\partial x} (\text{some function}) = -\frac{\partial}{\partial x} (x^2 j(x))$$

$$\Leftrightarrow \frac{\partial n}{\partial t} = -\frac{1}{x^2} \frac{\partial}{\partial x} (x^2 j(x))$$

④ Derive (7.55 b) $j = g(x) [n' + h(n, x)]$

Using (7.55a) we can show

$$\frac{\partial n}{\partial t} = -\left(\frac{\partial j}{\partial x} + j'\right) \quad (*)$$

If we use (7.52), we can see $\frac{\partial n}{\partial t} = n'' G(x) + n'(x) G_0(x) + G_0(n, x)$, which means $\frac{\partial n''}{\partial x^2}$ only depends on x . We can say that $j' = j'(n, n', x)$ because $\frac{\partial n}{\partial t}$ should not exceed 2 order.

From (*) we write

$$\frac{\partial n}{\partial t} = -\left(\frac{\partial j(n, n', x)}{\partial x} + \frac{\partial j}{\partial x} + \frac{\partial j}{\partial n} n' + \frac{\partial j}{\partial n'} n''\right)$$

$$\Rightarrow -\frac{\partial j}{\partial n} = G_2(x)$$

$\Rightarrow j$ is linear function of $n'(x)$, so $j(n, n', x) = g(x) n' + q(x) h(n, x)$

8.2 The wave packet $\psi(r,t) = \int_{-\infty}^{\infty} A(k) e^{i(kr - \omega(k)t)} dk$, satisfy $A(k) e^{-i\omega(k)t} = \mathcal{F}(\psi(r,t))$

where \mathcal{F} denotes Fourier transformation. Also, $r\psi(r,t)$ can be expressed as

$$\begin{aligned} r\psi(r,t) &= \int_{-\infty}^{\infty} r A(k) e^{i(kr - \omega(k)t)} dk \\ &= \int_{-\infty}^{\infty} A(k) \frac{1}{i} \frac{\partial}{\partial k} e^{i(kr - \omega(k)t)} dk \\ &= \int_{-\infty}^{\infty} e^{ikr} i \frac{\partial}{\partial k} A(k) e^{-i\omega(k)t} dk \end{aligned}$$

$$\Leftrightarrow i \frac{\partial}{\partial k} A(k) e^{-i\omega(k)t} = \mathcal{F}(r\psi(r,t))$$

Using Parseval identity, we obtain

$$\int |\psi(r,t)|^2 dr = \frac{1}{2\pi} \int \mathcal{F}(\psi) \mathcal{F}^*(\psi) dk = \frac{1}{2\pi} \int |A(k)|^2 dk$$

independent of time

$$\int r |\psi|^2 dr = \frac{1}{2\pi} \int \mathcal{F}(r\psi) \mathcal{F}^*(\psi) dk = \frac{1}{2\pi} \int \left(|A|^2 t \frac{\partial \omega}{\partial k} + A^* i \frac{\partial}{\partial k} A \right) dk$$

So we can express $\frac{d}{dt} \langle r(t) \rangle$ as

$$\frac{d}{dt} \langle r(t) \rangle = \frac{d}{dt} \frac{\int \left(|A|^2 t \frac{\partial \omega}{\partial k} + A^* i \frac{\partial}{\partial k} A \right) dk}{\int |A|^2 dk} = \frac{\int \frac{\partial \omega}{\partial k} |A|^2 dk}{\int |A|^2 dk}$$

$$= \left\langle \frac{\partial \omega}{\partial k} \right\rangle$$



10.4 Derive σ_{bf} ($\hbar\omega \gg R_y$) $\approx \frac{(2d)^{3/2} \pi^2 c^{7/2}}{3 a_0^{7/2} \omega^{7/2}}$ for bound-free process, using non-rel Born approximation.

2/2

Solution: From text book we already have

$$\frac{d\sigma_{bf}}{d\Omega} = \frac{\alpha v V}{2\pi\omega} |\langle f | e^{i\vec{k}\cdot\vec{r}} \vec{i}\cdot\nabla | i \rangle|^2 \quad (10.52)$$

For the lowest order Born approximation, $e^{i\vec{k}\cdot\vec{r}} \approx 1$. then for the initial state ($n=0$) $\langle \frac{z^3}{\pi a_0^3} \rangle^{1/2} e^{-z/a_0}$

And the free state $\frac{1}{\sqrt{2}} e^{i\vec{q}\cdot\vec{r}}$, the matrix element

$$\begin{aligned} \langle f | e^{i\vec{k}\cdot\vec{r}} \vec{i}\cdot\nabla | i \rangle &\approx \langle f | \vec{i}\cdot\nabla | i \rangle \stackrel{\text{Hermitian of } \nabla}{=} \langle i | \vec{i}\cdot\nabla | f \rangle \\ &= \int d^3r \cdot \left(\frac{z^3}{\pi a_0^3} \right)^{1/2} e^{-z/a_0} \vec{i}\cdot\nabla \frac{1}{\sqrt{2}} e^{i\vec{q}\cdot\vec{r}} \\ &= \left(\vec{i}\cdot i\vec{q} \right) \left[\frac{z^3}{\pi a_0^3} \right]^{1/2} \int e^{-z/a_0} e^{i\vec{q}\cdot\vec{r}} d^3r \\ &= \int_0^\infty e^{-z/a_0} r^2 dr \cdot 2\pi \int_{-1}^1 d\mu \cdot e^{iqr\mu} \\ &= \int_0^\infty \frac{4\pi}{q} r e^{-z/a_0} \sin qr dr \\ &= \frac{8\pi^2}{a_0} \left[\left(\frac{z}{a_0} \right)^2 + q^2 \right]^{-2} \\ &= i\vec{q}\cdot\vec{i} \left[\frac{z^3}{\pi a_0^3} \right]^{1/2} \frac{8\pi^2}{\omega} \left[\left(\frac{z}{a_0} \right)^2 + q^2 \right]^{-2} \end{aligned}$$

So from (10.52) we obtain

$$\frac{d\sigma_{bf}}{d\Omega} = \frac{32\alpha}{m\omega} \left(\frac{z}{a_0} \right)^5 \frac{\hbar q (\vec{q}\cdot\vec{i})^2}{\left[\left(\frac{z}{a_0} \right)^2 + q^2 \right]^4} \stackrel{\substack{\text{for } \hbar\omega \gg R_y \\ \hbar q \gg p_0(n=0) = \frac{\hbar}{a_0} \approx \frac{\hbar z}{a_0} \\ \Rightarrow q \gg \frac{z}{a_0}}}{\frac{32\alpha}{m\omega} \left(\frac{z}{a_0} \right)^5 \frac{\hbar (\vec{q}\cdot\vec{i})^2}{q^7}}$$

Now by integrate over all Ω we obtain

$$\begin{aligned} \sigma_{bf} &= \int \frac{d\sigma_{bf}}{d\Omega} d\Omega = \frac{32\alpha}{m\omega} \left(\frac{z}{a_0} \right)^5 \frac{\hbar}{q^7} \int q^2 \sin^2\theta d\Omega = \frac{32\alpha\hbar}{m\omega} \frac{1}{q^5} \left(\frac{z}{a_0} \right)^5 \frac{4}{3} \pi \\ &\downarrow \hbar\omega \approx \frac{\hbar^2 q^2}{2m}, \quad q_0 = \frac{\hbar z}{m a_0^2}, \quad \alpha = \frac{e^2}{\hbar c} \\ &= \frac{(2d)^{3/2} \pi^2 c^{7/2}}{3 a_0^{7/2} \omega^{7/2}} \quad \checkmark \end{aligned}$$

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10.5 For radiation emitted from optic thin material, the absorption (α) can be neglected. So the spectrum is fully determined by line profile $\phi(\omega)$. For natural broadening $\phi_N(\omega) = \frac{1}{4\pi^2} \frac{\gamma}{(\omega - \omega_0)^2 + (\frac{\gamma}{4\pi})^2}$, and for

Doppler broadening $\phi_D(\omega) = \frac{1}{\sqrt{\pi} \Delta\omega_D} e^{-\frac{(\omega - \omega_0)^2}{(\Delta\omega_D)^2}}$. The width of them is $\Delta\omega_N = \frac{\gamma}{\sqrt{\pi}}$, $\Delta\omega_D = \omega_0 \sqrt{\frac{2kT}{M c^2}}$.

From text book we know

$$g_l f_{ln} = \frac{2^9 n^5 (n-1)^{2n-4}}{3 (n+1)^{2n+4}} \quad (10.46)$$

$$g_u A_{ul} = -\frac{8\pi^2 e^2 \omega_{ul}^2}{m c^3} S_{ul} f_{ul} = \frac{8\pi^2 e^2 \omega_{ul}^2}{m c^3} g_l f_{lu} \quad (10.34)$$

$$\Rightarrow \lambda = A_{21} = \omega_{21}^2 \frac{8\pi^2 e^2}{m c^3} \frac{2^{14}}{3^9} \frac{g_1}{g_2}$$

$$\text{where } 2\pi h \omega_{21} = \frac{3}{8} \frac{e^2}{a_0} = \frac{3}{8} \frac{m e^4}{\hbar^2}$$

For higher temperature $T \gg T_c$, doppler broadening dominates, thus

$$\Delta\omega = \Delta\omega_D \propto \sqrt{T}$$

For lower temperature $T \ll T_c$, natural broadening dominates, therefore

$$\Delta\omega = \Delta\omega_N \propto \gamma \text{ NOT dependent on temperature.}$$

Now we want to find critical temperature T_c , by setting

$$\Delta\omega_D = \frac{\gamma}{4\pi}$$

$$\Rightarrow \frac{2kT_c}{m_H c^2} \omega_{21}^2 = \frac{1}{16\pi^2} \gamma^2 = \frac{1}{16\pi^2} \left(\omega_{21}^2 \frac{8\pi^2 e^2}{m c^3} \frac{2^{14}}{3^9} \frac{g_1}{g_2} \right)^2$$

$$\Rightarrow kT_c = \left(\frac{e^2}{\hbar c} \right)^6 m_H c^2 \frac{2^{21}}{3^{18}}$$

$$\Rightarrow T_c \approx 8.5 \times 10^{-3} \text{ K.}$$

2/2

10.6 The transition probability $W_{fi} \propto |d_{fi}|^2 = \frac{1}{3} (|d_{x,fi}|^2 + |d_{y,fi}|^2 + |d_{z,fi}|^2)$

For single atom, $\vec{d} \propto \vec{r}$. So we have

$$W_{fi} \propto |\langle f | \vec{r} | i \rangle|^2$$

The matrix element

$$\begin{aligned} \langle f | \vec{r} | i \rangle &= \int r^2 R_f(r) R_i(r) \vec{r} Y_{l_f m_f}^*(\theta, \phi) Y_{l_i m_i}(\theta, \phi) \sin\theta \, d\theta \, d\phi \\ &= \int r^3 R_f(r) R_i(r) dr \int Y_{l_f m_f}^*(\theta, \phi) Y_{l_i m_i}(\theta, \phi) \sin\theta \, d\theta \, d\phi \end{aligned}$$

For its z component

$$\begin{aligned} \langle f | \vec{r} | i \rangle_z &\propto \int Y_{l_f m_f}^*(\theta, \phi) Y_{l_i m_i}(\theta, \phi) \cos\theta \sin\theta \, d\theta \, d\phi \\ &\propto \int P_{l_f}^{m_f}(\theta) P_{l_i}^{m_i}(\theta) \mu \, d\mu \int e^{i(m_i - m_f)\phi} \, d\phi \\ \mu P_l^m &= \frac{1}{2l+1} [(l-m+1) P_{l+1}^m + (l+m) P_{l-1}^m] \\ &= 0 \text{ unless } m_i = m_f \\ &\quad l_f - l_i = \pm 1 \end{aligned}$$

For its x-y component

$$\begin{aligned} \langle f | \vec{r} | i \rangle_x \pm i \langle f | \vec{r} | i \rangle_y &\propto \int Y_{l_f m_f}^*(\theta, \phi) Y_{l_i m_i}(\theta, \phi) \sin\theta e^{\pm i\phi} \sin\theta \, d\theta \, d\phi \\ &\propto \int P_{l_f}^{m_f}(\theta) P_{l_i}^{m_i}(\theta) \sqrt{1-\mu^2} \, d\mu \int e^{i(m_i - m_f \pm 1)\phi} \, d\phi \\ \sqrt{1-\mu^2} P_l^{m-1} &= \frac{1}{2l+1} [P_{l+1}^m - P_{l-1}^m] \\ &= 0 \text{ unless } l_f - l_i = \pm 1 \\ &\quad m_i - m_f = \pm 1 \end{aligned}$$

Add them together, we obtain the simple selection rule:

$$\Delta l = \pm 1$$

$$\Delta m = 0, \pm 1$$